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# PLS UPDATE

MAY 2015

## **PREPARING FOR ICD-10**

On October 1, 2015, the healthcare industry will be moving over to ICD-10 (International Classification of Diseases 10<sup>th</sup> Revision) system. Complete and accurate codes will be necessary to submit claims. It is imperative that the appropriate ICD-10 diagnosis code is noted on all requisitions. Failure to utilize the new coding system will result in unnecessary calls to your office as Physicians Laboratory will be unable to process the insurance claim without this information.

Resources for ICD-10 Transition:

Medicare has developed a site to assist Physician practices with this transition. The web address is <http://www.roadto10.org>. This website will help your office build a customized action plan for implementation. Additionally, it provides specific references based on your type of specialty (Family Practice, Pediatrics, OB/GYN, etc). There are videos, webcasts and template library's available as well.

## **Additional ICD-10 websites:**

<http://www.cms.gov/Medicare/coding/ICD10>

<http://www.cms.gov/medicare/coding/ICD10/providerresources.html>

<https://www.aapc.com/icd-10/icd-10-news.aspx>

## **PAIN MANAGEMENT TESTING**

Several physicians have expressed interest in an affordable comprehensive pain management screen. ARUP now offers two panels that are performed using Time-of-Flight Mass Spectrometry and Enzyme Immunoassays that encompass all pertinent drug classes needed to monitor patients that are in pain management programs.

Test #8850 Pain Management Drug Panel by High Resolution Time of Flight Mass Spectrometry and Enzyme Immunoassay, Urine.

Specimen Type: Refrigerated Random Urine CPT: 80304, 80301, 80302x3 / (Medicare G0431)

Drug Classes Included:

- Barbiturates
- Benzodiazepine-like:
  - Alprazolam, Clonazepam, Diazepam, Lorazepam, Midazolam, Nordiazepam, Oxazepam, Temazepam, Zolpidem.
- Cannabinoids (11-nor-9-carboxy-THC)
- Ethyl Glucuronide
- Muscle Relaxant(s):
  - Carisoprodol, Meprobamate
- Opiates/Opioids:
  - Buprenorphine, Codeine, Fentanyl, Heroin, Hydrocodone, Hydromorphone, Meperidine, Methadone, Morphine, Oxycodone, Oxymorphone, Propoxyphene, Tapentadol, Tramadol.
- Phencyclidine (PCP)
- Stimulants:
  - Amphetamine, Cocaine, Methamphetamine, Methylphenidate, MDMA (Ecstasy), MDEA (Eve), MDA, Phentermine.

Test #8851 Pain Management Drug Panel with interpretation by High Resolution Time of Flight Mass Spectrometry and Enzyme Immunoassay, Urine.

\*\* If you order test #8851, which includes an interpretation, you must include a list of the patient's prescribed medications

Specimen Type: Refrigerated Random Urine CPT: 80304, 80301, 80302x3 / (Medicare G0431)

Drug Classes Included:

- Barbiturates
- Benzodiazepine-like:
  - Alprazolam, Clonazepam, Diazepam, Lorazepam, Midazolam, Nordiazepam, Oxazepam, Temazepam, Zolpidem.
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- Muscle Relaxant(s):
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- Opiates/Opioids:
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- Phencyclidine (PCP)
- Stimulants:
  - Amphetamine, Cocaine, Methamphetamine, Methylphenidate, MDMA (Ecstasy), MDEA (Eve), MDA, Phentermine.

If you would like more information regarding these panels, please contact Dr. Greg Post, Clinical Director at 402-326-0617.

**DISCONTINUED TESTS ~ EFFECTIVE IMMEDIATELY**

#267 pH, Venous

#405 Leukocyte Alkaline Phosphatase (LAP)

The LAP test historically has been used to screen for chronic myelogenous leukemia (CML) and polycythemia vera (PV). The assay has poor sensitivity with other nonmalignant conditions causing false positive results. Newer, more specific assays have been developed and have replaced this obsolete test.

When working up a possible CML diagnosis, the recommendations are to test for:

- Qualitative RT-PCR for BCR/ABL
- FISH for BCR/ABL
- Karyotyping

To help establish the diagnosis of PV, the recommended tests are:

- Erythropoietin
- JAK2 mutation analysis

If you have any questions concerning this testing, please direct them to Gregory Post, Ph.D., our Director of Clinical Services at 402-326-0617.

**SPECIMEN COLLECTION / APTIMA GEN-PROBE**

Test #1982 Chlamydia/GC PCR, Swab

Test #1989 Chlamydia PCR, Swab

Test #2000 Chlamydia/GC/Trichomonas Panel by PCR

Test #1990 N. Gonorrhoeae PCR, Swab

Please submit only the blue swab for testing. The white swab should be used only for cleaning mucous from the cervix before sampling with the blue swab. For males, this swab is not used and can be discarded. If the white swab is submitted, the tests will not be performed and recollection will be necessary.

**SPECIMEN REQUIREMENT UPDATE ~ TROPONIN I**

Test #1565 Troponin I  
Specimen: 0.5mL Plasma Heparinized  
Stability: Ambient 2 hours. Refrigerated 24 hours.  
Processing: Centrifuge green top tube within 2 hours of collection. Transfer plasma to a transport tube.

**\*\*EFFECTIVE APRIL 15, 2015 – SERUM IS NO LONGER ACCEPTABLE\*\***

**CPT CODE UPDATES ~ EFFECTIVE MAY 1, 2015**

Test #1409	Coenzyme Q10, Total	Previous CPT: 82491	New CPT: 83789
Test #7550	TSH Receptor Antibody	Previous CPT: 83520	New CPT: 83516
Test #1754	Pancreatic Elastase, Fecal	Previous CPT: 83520	New CPT: 82656
Test #702	Alcohol, Serum	Previous CPT: 82055	New CPT: 80301 / Medicare (G0431)
Test #7658	HPV Type Detect 3.0	Previous CPT: 87798/87624	New CPT: 87624

**PRICING UPDATES ~ EFFECTIVE MAY 1, 2015**

Test #	Test Name	Performing Lab
7650	Hepatitis C Viral Load by Real-Time PCR	PAML
7258	HIV-1 Ultrasensitive RNA PCR	PAML
9323	Aspergillus Galactomannan Antigen by EIA	ARUP
7649	Cystic Fibrosis 32 Mutations	ARUP
637	Fecal Fat, Qualitative	ARUP

**MEDICAID – DRUG TESTING & SEMEN ANALYSIS**

Nebraska Medicaid will not cover toxicology or semen analysis testing. If you want to order this testing on a Medicaid patient, you must inform them that the test will not be covered under their insurance and have them complete an ABN (Advanced Beneficiary Notice) prior to collection of the sample.

**PHYSICIANS LABORATORY’S WEBSITE ~ UPDATE TO TEST DIRECTORY**

**WWW.PHYSLAB.COM**

Physicians Laboratory is updating test requirements on our website to include patient preparation instructions, a preferred specimen type and detailed specimen processing information. Our goal is to make our website more user-friendly so that specimen collection requirements are clear and concise. Other functionality that is available at [www.physlab.com](http://www.physlab.com):

- CAP/CLIA Certificates
- Online Results
- Required Forms (ABN/Preauthorization/etc.)
- Supply Orders
- Past Technical Bulletins and Billing Updates

**TECHNICAL BULLETINS ~ EMAIL DISTRIBUTION**

Technical bulletins and billing updates are distributed via email by request. If you would like to receive notices by email, please contact Kacey Moreland at [kmoreland@physlab.com](mailto:kmoreland@physlab.com) or (800)642-1117 in order to have your name added to the distribution list.

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